Man's Journey Table of Contents

Day 1 - 1

Evolution 1
Agriculture Course, new plants 2
Ethers 3
Vital processes, 4 doors 4
Organic matter, green manure, medians 5
Sap, form, matter, seed, memories 6
Pollution, 1st door 7
2nd door, wheat, baby teeth, drought 8
Cotyledons, school readiness in children 9
Old form and new form 10
Holy Nights 11

Day 1 - 2

Chthonic form and celestial function, animals and plants, celestial and chthonic light 13
Chicken eggs, calcium and silica, nitrogen, Christmas images, St. John's, living images, Future Jupiter, yarrow, law of resonance 14
Southern hemisphere, planets, consciousness of I of plants 15
Group I of plants, weeds 16
Clay prep, milk stage, protein, carbohydrates 17
Nitrogen, catabolism 18
Nutritional value 19
Structure, manifestation, 3 processes 20
Darkness and light 21

Day 1 - 3

Spelt, formative forces 23
Metamorphosis, etheric plane 24
Snowflakes, hexagon, rain 25
Trees 26
Cherry trees, organization of the I 27
Chemical ether, nanotechnology, corn, hemp oil 28
Process, names 30

Day 1 - 4

Weeds, Zarathustra, humility, transformation 33
Qualities, color and scents, Lemuria, *pago* 34
Instincts, realms of nature, sacred element, machines 35
Anthroposophical painting, communion, joy 36
East, Zoe, Michael, George, meteorology, lithopuncture, regeneration 37
Musical chord 38

Day 2 - 1

I-A-O, Beinsa Douno 41
Bulgaria, Raphael 42
Michael, Wet Path and Dry Path 43
Celestial Jerusalem, meteorology, A, Philosopher's Stone 44
Celestials, medians, chthonics, etheric body of the earth 45
Memories 46
Four doors, Solomon and Nathan Jesus 47
Golgotha 48
New rhythm, barley 49
Parable of loaves and fishes, 5000 and 4000 50
Mass, Zarathustra, four deserts 51

Day 2 - 2

Yearly cycle of activity, two median forces 53
Clay 54
BD preps in the yearly cycle, sacraments 55
Sacraments 56
Formative chthonic forces, Sagittarius, Egypt 57
Hebrew 58
Whip and staff, lithopuncture, scarab 59
Holy Spirit, Trinity 60
Clay prep, Hugo Erbe 61
Peter, new plants 62
Clay 63

Day 2 - 3

Sacrifices of Christ, Nathan soul, Adamo 65
Mary/Miriam, Lucifer, 12 senses, verticality 66
I, karma, word, Manu, thought 67
Analysis and reason, brain 68
Logos, Golgotha, love, freedom, heart, organs 69
Radioactivity, Aurora Borealis, butterflies 70
Carbon, Future Jupiter 71

Day 2 - 4

Sacrifices of Christ, *parousia*, etherization of blood, chakras 73
Images gifted to plants 74
Ascension, Pentecost, paraclete, Steiner's Agriculture Courses, *Apocalypse*, living word 75
Moses, process, sacred words, machines 76
Revitalization, regeneration, new plants, tools for desert 77
Worth with trees, median activity 79

Day 3 - 1

Esoteric intermezzo 87
Chthonic Mysteries 88
Logos, TAO 89
Ahriman, lithopuncture 90
Acupuncture, moxa 91
Techna and *hyos*, 46, Adamo, light 92
Gestures of light 93
Homeopathic dosages 95
Living images 96

Day 3 - 2

Root system of plants 99
Gestures for plants 101
Living word, vortex and line 102
Sacred words, TAO, AUM, MANU 103
Word and musical eurythmy 104
Emmanuel, ADAMT, HAUG 105
T'CHI, Holy Nights, Incorruptible Body 106
Anti-evolution protection 107
Holy Nights gestures 108

Day 3 - 3

Black Canyon 111
Hurricanes, earthquakes, volcanoes, meteorology 112
Sap circulation, dialogues 113
Soul dialogues, planets, flux 114
Goats, caresses for trees 115
Pisces-Virgo axis 116
Oak bark, domestic animals 117
Anti-stress gesture 118
Transplant gestures, soil caresses 119
AUM and HAUG 121

Day 3 - 4

Gestures to lighten soil, completion, Michael's number 123
Gestures for excess water and too dry 124
Regeneration gestures, *dakrio* 125
Lazarus 126
Toroid, Flowing Life, planets Zodiac 127
Flowing Life, 12 Cosmic Regions, phyllotaxis 128
Gesture from Cosmic Regions 129
Milky Way gestures 130
Resistance to pests 131

Day 4 - 1
Self regulation of products 133
Mosquitos, Cosmic Regions, Bodhisattvas 134
Animals, horizontal current, horns, Celestial & Chthonic Milky Way, Group I 135
Instincts, flies 136
12 Cosmic Regions, wool, milk, goats, hooves 137
Formative forces 138
Animal collars, Time 139
Donkeys, laminitis 141
Rational and affective soul 142

Day 4 - 2
Evolutionary gestures 143
Evolutionary gestures for seeds, resonance times, sacred space 144
Spirit of Evolution, established plants, zodiacal gestures for animals 145
Star of David, eurythmy U and A 146
Leo gesture, pericardium 147
Saturn, Thrones 148
Milky Way and Cosmic Region vortices, 12 tribes of Israel 149
Color therapy, rejuvenation, Aries, Ara 150
Spelt, one and trine, sacrificial love, Rome 151
Tricotyledon, seasons, wind and rain 152
Groups 153

Day 4 - 3
Lazarus John, John the Baptist, new sun, Holy Trinity, Most Holy Trinity 155
Bees, varroa, cosmic matrix 156
Colmar, Sistine Madonna, water vitalizers 157
Trophallaxis 158
In the orchard:
Pruning, gestures for trees, blackberries, tree paste 159
Gestures for donkeys 160

Day 4 - 4
Seed activation, W199/1, lithopuncture 161
Leo, Swan, Taurus, Corona, resistance to drought, Cancer, Aquila 163
Soil caresses 164

Day 5 - 1
Easter blackout, Golgotha, Full Moon 171
Metre, constellations, Egyptian pyramids 172
Ahriman and new machines 173
Work on seeds 174

Day 5 - 2

Free and incarnated ethers, physical forces 175
Triads, moral ether 176
Philosopher's Stone, meteorology, pressure 177
Rain, wind 178
Seasons 179
Sandstorms, cyclones & anti-cyclones, dynamization 180
Rabbi's clothes, Jesus' tunic, singing in rain, wind & raid as cleaners 181
North, south, east, west winds 182

Day 5 - 3

Wind/Air, Light/Space, Rain-Water-Time, regulator 185
Snow, white, dry and wet path 186
Etheric forces of Earth and Sun 187
Moral will, rain's action 188
Joy, gratitude, grace, charity, industrialized man, forgiveness 189
Deserts, Aeolus 190
Zarathustra, thoughts 191
Call and stop the wind 192
Images, gestures, processes 193
Gods and goddesses 194

Day 5 - 4

Quintessence, cyclone/anti-cyclone, vortices 197
Regulator chakra 200
Call the rain 201
Stop the rain 202